



**Amanda Miles** was born in Milford Haven, moved to Essex at the age of ten and returned to live in Pembrokeshire in 2006. She worked in a record store in the 1970s (her favourite job) and then trained as a nurse in London. She has a BA (Hons) in Social Science and Administration and an MA Creative Writing from University of Wales Trinity of David. Wales has awakened her personal creativity along with her love of the arts. She has a passion for animals and enjoys Middle Eastern Dancing. She published two short stories, 'Saqqara Donkey' and 'Tick Tock' in *Shadow Plays* (Parthian, 2010). Amanda studied Creative Writing alongside Helene James and they were dancing, animal-loving and writing compatriots.